

Mary Prybylo and Shane Frost 🏠

SAVE THE DATE:
Join us for the 5K and 10K
Commit to Get Fit Run



We've Got Spirit ... Yes, We Do: Cheers To Our Health Care Heroes!

The St. Joe's team members are true health care heroes. Throughout the pandemic, they put their patients first and deserve to be celebrated for their hard work and dedication. And, this year we've had lots of reasons to cheer!

In March, you helped us spread the love to all of our health care heroes on National Doctors' Day. We received over 82 honorarium gifts and notes of gratitude. There were many smiles under the masks of our physicians, nurse practitioners, physicians' assistants, and other staff on March 31 as they read the thoughtful notes you sent.

"It has been said that in the end, only kindness matters. I am deeply moved that someone expressed this heartfelt kindness and made a gift in my honor," said cardiologist Scott Deron, DO, FACC.

Thank you for showing your appreciation for all of the frontline workers who have worked so tirelessly this past year to keep us safe and healthy.

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In May, we celebrated National Nurses' Week by recognizing the many skilled and dedicated nurses who keep our community healthy. Congratulations to the following nurses who received an award this year:

◆ **Shane Frost**, BSN, RN, Clinical Leader ICU:
Peer-Nominated Nurse Excellence Award

"Shane acts in the best interests of the hospital and patients needs. She often will go above and beyond to help other departments while leading her own."

◆ **Lisa French**, RN, MBA, CPHQ, Quality Manager: Board-Certified Nurse Excellence Award

"Lisa is always striving for excellence in her work! She has years of quality experience and is a mentor to those of us newer to Quality. Lisa naturally creates a friendly environment with her sense of humor and laughter! We are so lucky to call her 'teammate' and are inspired by her dedication to quality patient care."

Thanks to the financial support of donors like you, Shane and Lisa will both receive the opportunity to attend a national conference of their choice. Congratulations, Shane and Lisa!

Who are your health care heroes? It's never too late to recognize the impact these professionals have had on your life or health. When you make a donation recognizing your favorite health care hero, we'll gladly let them know you made a gift in their honor and pass along any message of support you include. Use the enclosed donation envelope to make your gift today or give online at stjoesh healing.org/give.

Thank you for cheering with us!

The New Amos and Lola Orcutt President's Endowment Fund

Amos and Lola Orcutt — two lifelong residents of Maine — have established the Amos and Lola Orcutt President's Endowment Fund at St. Joseph Hospital in Bangor. The endowment funds will support the mission of the hospital and will be distributed at the discretion of the hospital president. The Orcutts hope creating the fund will also inspire other gifts and forms of support for the hospital. Private support from thoughtful donors enables the hospital to do even more to ensure excellence as it pursues its mission of compassionate care.

"St. Joe's makes a compelling case for our Greater Bangor community to invest in their mission by providing private support and through legacy giving," says Amos. "In creating an endowment, we gain the deepest satisfaction by ensuring the long-term growth and stability of St. Joe's."

The Orcutts are well known for their professional contributions and personal commitments to philanthropy. Amos Orcutt served as the president/CEO of the University of Maine Foundation for 22 years, during which time he became a strong advocate for establishing endowments. Lola Orcutt is a longtime member of the P.E.O. (Philanthropic Educational Organization) Sisterhood, a charitable organization that advances women through scholarships, grants, awards, loans and the stewardship of Cottey College. The Orcutts are longtime supporters of St. Joseph Hospital. They value the care they have received as patients and appreciate the role the hospital plays in the Greater Bangor area.

▼ Amos and Lola Orcutt



Following their initial gift to name the fund, the Orcutts are committed to making additional gifts to the endowment during their lifetimes, as well as through their estate plans.

To learn more about endowment funds or planned giving, please contact Brad Coffey at bradcoffey@covh.org or **207.907.3199**.



Veronica Marchese ▼



Meet Veronica Marchese, New VP Of Mission Integration

Veronica Marchese has been named the new vice president of mission integration for St. Joseph Healthcare. In this role, Veronica will help preserve the legacy of the Felician Sisters who founded our hospital and help promote our values as a Catholic health care organization. In collaboration with our board of trustees, senior management team and clinical staff, she will ensure that the hospital's mission is implemented across all services and initiatives. This includes following Catholic Social Teachings and the Ethical Religious Directives instituted by the U.S. Conference of Catholic Bishops.

A psychotherapist with graduate degrees in theology, counseling and psychology, Veronica brings more than 20 years of leadership experience in Catholic ministry to her new role. She relocated from California to join us in January and has enthusiastically embraced the opportunity. *"I wanted to live somewhere with four seasons and to be more connected to nature,"* she explains. *"I prayed for this desire to find work that would be meaningful and would allow me to use my gifts and grow."*

As Veronica begins a new chapter of life and service in Maine, she is already helping others on their own journeys of healing. Recognizing the trauma our staff and community have experienced over the past year, Veronica has focused on helping us learn how to reconnect to each other as we reopen as a community

For example, in March, as we marked the one-year anniversary of the onset of the pandemic, Veronica brought us together to remember and honor the losses we experienced. She led our mission team in collecting the names of loved ones lost as well as other losses such as missed holiday and birthday celebrations. In April, they collected our hopes and prayers for the future.

These remembrances and prayers were transformed into origami cranes and featured in an art installation located in the Backlot Garden. This has long been a special healing space for many of our staff and patients. It was a small but significant way to honor the work that was done this past year, recognize the challenges overcome, and reflect the wisdom gained and lessons learned.

Veronica's department also oversees the distribution of the Mother Mary Angela Fund.

Thanks to donors like you, this donor-supported initiative pays expenses incurred by patients and staff who might need a helping hand with their healing journey.

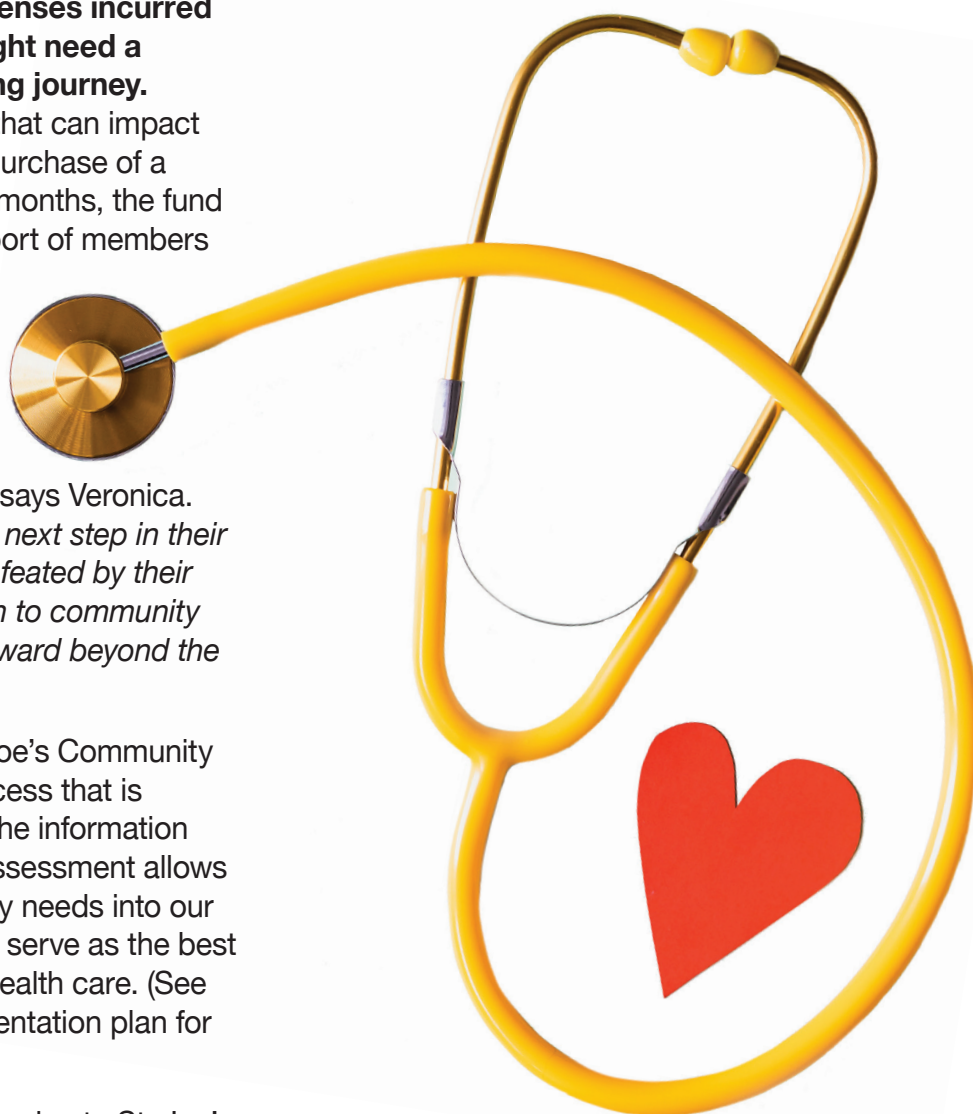
It can provide help with needs that can impact health, such as groceries, the purchase of a walker or car repairs. In recent months, the fund has been used monthly in support of members of our community.

"It's a comforting and beautiful experience to know that we have that resource and we can help individuals who find themselves in a difficult place," says Veronica. "We can help people get to the next step in their healing process and not feel defeated by their burdens. We also connect them to community resources to carry that care forward beyond the initial financial support."

Veronica also will lead the St. Joe's Community Health Needs Assessment process that is conducted every three years. The information gained through this scientific assessment allows St. Joe's to integrate community needs into our strategic planning and helps us serve as the best resource for our community's health care. (See our most recent CHNA implementation plan for 2019 at bit.ly/BCHNA19)

Please join us in welcoming Veronica to St. Joe's and to the Greater Bangor community! To talk with Veronica about spiritual care, applying for the Mother Mary Angela Fund or community needs, contact her at vmarchese@covh.org or **207.907.1700**.

To make a gift in support of the Mother Mary Angela Fund, please use the enclosed envelope or give online at stjoeshealing.org/give.





Keri Kapaldo ▼



Commit to Get Fit Helps Our SAFE Program Expand

This year, when you run, walk or donate to St. Joe's **Commit to Get Fit** event on September 26, you will be supporting survivors of domestic violence, sexual violence and human trafficking who live in our Greater Bangor community.

All proceeds from the event will help the Sexual Assault Forensic Examiner program continue to provide compassionate, professional nursing care to survivors. The program focuses on holistic, trauma-informed care and works closely with community partners to produce better outcomes for survivors.

Thanks to your previous support, our SAFE program and its impact are growing! Keri Kapaldo, RN, BSN, has been appointed **SAFE** clinical leader. She heads a team of five other state-certified **SAFE** nurses for adults and adolescents; four of those team nurses also are in training for pediatric survivors and two additional nurses are enrolled in **SAFE** training.

A member of the **SAFE** nursing team for seven years, Keri is a credentialed SAFE nurse for adults with the state of Maine and is board certified by the International Association of Forensic Nurses as a sexual assault nurse examiner.

With the addition of this full-time position, the team has developed a vision to find more innovative and hands-on ways to serve our community. Kapaldo explains, *"We will be increasing our focus on primary and secondary prevention around sexual and domestic violence, building relationships with new community partners, growing already-established relationships and providing more education throughout our community."*

She adds, *"It's important to me that we provide care to the whole person, especially for a patient affected by violence. Through our collaboration with community partners, we are able to provide that holistic, trauma-informed care and, in return, generate healing and better outcomes for survivors."*

You can support the important work of St. Joe's SAFE nursing team! Commit to Get Fit for a great cause! **Sign up today at <https://runsignup.com/Race/ME/Bangor/StJoesCommit>.**

▼ Joe and Sue Cyr



Joe and Sue Cyr's Generosity Is Record Breaking!

If you live in the Greater Bangor area, there's little doubt that you've heard of Joe and Sue Cyr. The owners of John T. Cyr & Sons in Old Town, Maine, they have been instrumental in the continuing success of their 100-year-old, multigenerational, local family transportation business.

But they're also known for something else: their outstanding commitment to their community. Each year, Joe and Sue give generously to the causes that mean the most to them — and St. Joseph Healthcare is honored to be among them.

"If you look after your community, they'll look after you," explains Joe. He and Sue have certainly looked after our community's health with their many generous gifts to St. Joe's. **This year, after a recent annual gift of stock donation, they reached a lifetime giving milestone never before reached.**

In recent years, with gifts from Joe and Sue, St. Joe's has modernized our cafeteria, saved lives by bringing 3D mammography to thousands of people in this region, improved our cardiac services, enhanced the healing arts and funded dramatic improvements to our primary care experience through their leadership gifts to the capital campaign.

"I want to see the good come while I'm alive," says Joe, humbly. It certainly has: Every dollar has made a positive difference to patients who depend on St. Joe's.

Joe and Sue are an inspiration to our community. Their dedication and faith can be seen in the longevity of their family business, in the impact of their philanthropy and in the extra mile they go every day for our community.

Thank you, Joe and Sue, for being essential and treasured members of our St. Joe's family.



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